

# 300NORTH RECRUITMENT TEAM



**THERESA LAMARQUE**  
**Director of Strategic Partnerships**  
Theresa leads our senior appointments team and executive search within FM, Asset & SPV Management. She has been recruiting talent for 18 years.



**COLLETTE BENNETT**  
**Senior Talent Resourcer**  
Collette has 9 years of recruitment experience and supports Theresa in the search and selection of senior and executive candidates across the UK.



**JENNIFER CANTRELL**  
**Business Manager**  
Jenny has 16 years of recruitment experience and looks after operational management roles within FM.



**JOE FIRTH**  
**Business Manager**  
Joe has 11 years of recruitment experience and manages our M&E and Hard Services team. His focus is on recruiting senior management roles within M&E contracting and Hard Services engineering roles within FM.



**JACK KENDREW**  
**Senior Recruitment Consultant**  
Jack has 9 years of recruitment experience recruiting within M&E management, supervisory and technical roles. He also covers all technical engineering and middle management roles within BMS, Power and Engineering sectors for our FM clients.



**SARAH RAMSEY-ARMITAGE**  
**Talent Resourcer**  
Sarah has been in recruiting for 7 years and works with Joe on our M&E team to resource and place talent in hard services, management and administrative roles.



**JOSH JONES**  
**Trainee Recruitment Consultant**  
Josh is working with our consultants to support them in all parts of the recruitment process as well as taking on his own candidates and clients.



**FAYE SHEPHERD**  
**Regional Director**  
Faye has 20 years of recruitment experience and manages our FM business across the North East region and Scotland.



**SAMANTHA JOHNSON**  
**Fulfilment Consultant**  
Sam has 17 years of recruitment experience and supports our team filling FM and Construction vacancies in the North East and Scotland.



**CATHERINE MURRAY**  
**Principal Consultant Construction**  
Catherine has 16 years of experience in construction recruitment on residential and commercial projects in Yorkshire and the North East.



**KIERAN LARKIN**  
**Recruitment Administrator**  
Kieran provides administrative support to our Newcastle consultants, including sourcing talent and checking and reviewing CV's.

# 300NORTH STRATEGY AND ADMINISTRATION



**PAUL CONNOLLY**  
**Chief Executive**  
Paul has 18 years of recruitment experience and ensures the successful running of 300 North day to day. He embodies the values of 300 North.



**MICHELLE CONNOLLY**  
**Strategic Development Director**  
Michelle is one of the founding Directors of 300 North. She works closely with Paul to develop business strategy and oversees the company marketing strategy.



**EMMA THORNTON**  
**Marketing Manager**  
Emma manages our social media platforms and is responsible for raising the brand awareness of 300 North.



**JOE NIXON**  
**Business Administrator**  
Joe is the first point of contact for billing and administrative enquiries and works to assist our consultants in their administrative duties and sourcing talent.



**FM**  
Senior & Executive Appointments  
Operations Management  
Lifecycle & Projects Management  
Technical & Engineering  
Commercial, Finance and Procurement  
Compliance & SHEQ  
Energy Management  
PFI, PPP & LIFT  
Business Development and Bid Management  
Contract Support, Helpdesk and Administration

**Mechanical and Electrical**  
Operations Management  
Projects and Contracts Management  
Commercial  
Pre-Construction  
Site Management  
Skilled Operatives

**Construction**  
Executive Appointments  
Operations Management  
Projects and Contracts Management  
Commercial  
Pre-Construction  
Site Management  
Skilled Operatives

**Sectors We Recruit In**  
Healthcare  
Education  
Commercial  
Retail  
Industrial  
Residential  
Property & Asset Management  
Defence  
Emergency Services

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